

Group Notes Sunday 16th March 2008

Deliverance Part 2 Mark 9 v 14-29

We are called to know how to deal with spiritual oppression. There are 3 common approaches to this subject 1. Ignore it, 2. Over focus on it, or 3. Take the middle road and deal with it.

Question - How do you approach this subject 1. 2. or 3 ? What has been your experience?

As Christians our sins were overcome on the cross (Rom 6 v1-14).

Although the enemy was defeated at the cross he still tries to influence us through fear, intimidation and lies. The enemy has no authority over our lives unless we give it to him. We can do this by believing what he says. What we tolerate will dominate!

Question - Is there anything in your life that you are tolerating?

Two of the most common symptoms of spiritual oppression are – Battling with a persistent sin
– Repeated thoughts that will not go away.

Question – Where has the enemy got you to believe the lie in your life?

Pray for one another using the following 5 Steps

R-ecognition

- Recognise the central issue. Example fear, rejection etc

R-epentance/ Forgiveness

- Forgive anyone connected to this issue.
- Repent of anything related to this issue

R-enounce

- To renounce is to cut off ownership – “ I renounce “fear” in the name of Jesus and I no longer see it as part of who I am”

R- eject

- Get the person to reject the issue and place it in God’s hands – “I reject the issue in the name of Jesus and I now place it in God’s hands”
- At this point you can pray for the person and command any spiritual oppression connected to rejection to go in the name of Jesus

R – eplace

- Pray for God to fill them with His love, peace, comfort and healing

What happens if someone doesn’t become free?

- Remember this is only a model not a formula for freedom. We need to use discernment and wisdom as we pray.
- Remember God’s grace – some people gain freedom quickly and others it takes a little longer. But those who are determined will see freedom in their lives.

If people want an additional time of prayer as they have some unfinished business contact Colin Butler.